

TRY SEVENS SCHOOL RESOURCES



Everyone plays a part.

Spirit of Rugby Evaluation Form

Name:	
How well do you uphold the Spirit of Rugby on and off the Rugby field? Use this form to evaluate	e your
own performance, and ask another student or your teacher to rate your performance as well.	

Use the following rating system to evaluate how well you uphold the Spirit of Rugby on and off the field.

Student Self Evaluation

Spirit of Rugby values	Never	Sometimes	Often	Always
Pride. I show self-respect in the way I behave and perform on	1	2	3	4
and off the field and am honoured to represent my				
team/school/family.				
Teamwork and Camaraderie. I cooperate with my teammates	1	2	3	4
on and off the field, applaud all good play, shake hands with all	100			
players at the end of a match and clap them off the field.				
Doing your best. I try hard at all times for myself and the team.	1	2	3	4
Integrity. I play by the laws of the game and never argue with	1	2	3	4
the referee's decision.	Y:			
Respect. I treat other players, the referee and coach with	1	2	3	4
respect.				
Responsibility. I take ownership for my behaviour on and off	1	2	3	4
the field.				
Understanding, tolerance and inclusion. I treat everyone	1	2	3	4
equally regardless of sex, disability, ethnic origin or religion.				
Care and compassion. I show care and compassion for myself	1	2	3	4
and others (including not interefering with, bullying or taking				
advantage of other players).				

Peer/Teacher Evaluation Completed by:

Spirit of Rugby values	Never	Sometimes	Often	Always
Pride. Shows self-respect in the way they behave and perform on and off the field and are honoured to represent their team/school/family.	1	2	3	4
Teamwork and Camaraderie. Cooperates with their teammates on and off the field, applauds all good play, shakes hands with all players at the end of a match and claps them off the field.	1	2	3	4
Doing your best. Tries hard at all times for themselves and the team.	1	2	3	4
Integrity. Plays by the laws of the game and never argues with the referee's decision.	1	2	3	4
Respect. Treats other players, the referee and coach with respect.	1	2	3	4
Responsibility. Takes ownership for their behaviour on and off the field.	VV	2	3	4
Understanding, tolerance and inclusion. Treats everyone equally regardless of sex, disability, ethnic origin or religion.	11	2	3	4
Care and compassion. Shows care and compassion for themselves and others (including not interfering with, bullying or taking advantage of other players).	B ¹ B	2	3	4

Reflection

- What ratings did you mostly get in the Self Evaluation and Peer Evaluation?
- Can you suggest why there are similarities and differences between these ratings?
- What are some ways you could improve your ratings?
 - Repeat the activity in the future and reflect on any changes to your ratings.