

#### **KEYNOTE SPEAKER**

# Chris Nunn OAM – Keynote Speaker Manager High Performance Australian Paralympic Team

Chris Nunn is motivated by getting the best out of people. His understanding of people has been gained through many years of dealing with athletes preparing to perform under pressure, whilst his management style has seen unprecedented success in a team situation.

Knowing what motivates the individual is essential in determining the appropriate methods for self-improvement. Understanding how each individual contributes to the Team environment is a prerequisite for effective management. Chris has been able to blend the individual and team aspects together to ensure success.

Chris' dedication to whatever he does is highly regarded and he has received the Order of Australia Medal (2002), the Dawn Fraser Coach Award (2000), Paralympic Coach of the Year award (1998) and the Rotary International Paul Harris Fellowship in recognition of the work he has done during his time as a coach.

Chris' has a passion for people working towards reaching their potential. He will share his experiences, make you think and importantly he will challenge you and leave you with an impression for life!



#### **KEYNOTE SPEAKER**

# David Hadfield High Performance Consultant NZ (Masters – Psychology)

Dave Hadfield (MA Psych) is one of New Zealand's best known and most experienced mental skills coaches and coach educators. Previously a University lecturer in coaching, sport psychology and leadership, Dave worked with both Wellington and Hurricanes Rugby and then formed his own company, MindPlus, in 2003. He currently works extensively in NZ sport (primarily for NZ Rugby), consulting to both elite players and coaches throughout the country. He has worked with four of the NZ Super 15 teams in the last 10 years, Manu Samoa, Fiji 15s and 7s sides, top French club Clermont Auvergne, Northampton Saints (rugby), three of the 6 NZ first class cricket sides and the Warwickshire Country Cricket team in England. Dave also holds elite level III coaching qualifications from New Zealand Cricket and the Australian Cricket Board and was a Central Districts selector in 2005/6, having previously been Coaching Director for C.D. in the early 1990s. He developed the "Query Theory" approach to coaching many years ago and describes his coaching philosophy as "A caring guide to self-discovery and improvement". He also carries out the same work in the corporate sector and has worked with a number of companies in high performance and change management.





Mark is a Coaching & Performance Development consultant. He worked for 12 years in the Australian Football League (AFL), providing expertise in Coaching, Performance Analysis & Skill Acquisition. Mark has investigated and implemented a wide array of technology solutions to enhance the performance of players and coaches



# Gareth Mole Sports Performance and Psychology

Gareth is a specialist sport psychologist who runs the Sport and Performance Psychology department of Condor Performance (www.condorperformance.com). He has been providing mental conditioning services for nine years now and in that time has worked with an enviable range of sports, ages, levels and client types. He is full member of the Association for Applied Sport Psychology (AASP) and is a Psychology Board of Australia accredited supervisor. Gareth's strengths lie when he is concentrating on the mental aspects of performance (e.g. confidence, playing under pressure, motivation, concentration, decision making, nervous energy and team cohesion) and therefore prefers to leave any welfare / mental health issues to others who specialise in this area.

As with all the Condor Performance psychologists Gareth believes the future of sport psychology will be to pass the mental skills onto coaches and parents who will then harness the mental toughness of athletes and players.



# Hugh Carpenter ARU High Performance Coach

Hugh is the ARUs National Junior Program Coordinator. A role which sees him across the National Gold and Junior Gold pathway programs. Hugh is also coach of the National junior sevens team that competes at the youth Olympics. Hugh's expertise in the area of back line attacking systems and individual development sees him as one for Australia's leading youth development coaches.



# Kevin Ball Performance Analysis- Technical Kicking

Dr Kevin Ball has spent the past 25 years in sports biomechanics at the Australian Institute of Sport, as an assistant coach in professional Australian Football and Rugby League, and as a researcher at Victoria University. Kevin has worked as specialist general play and goal-kicking kicking coach with the Irish rugby team Melbourne Storm, Wigan rugby league, numerous AFL teams and the AIS AFL elite training squads. He is also a leading researcher in biomechanics and skill acquisition of kicking having published over 100 journal and coaching articles on kicking. Kevin has presented international keynote speeches on kicking at Science in Football and the Japanese Football Sports Science association and regularly presents at coaching forums around Australia. He ids on the board of directors of the International Society of Biomechanics in Sport and the kicking development committee of the AFL.



## Matt Tink Melbourne Rebels

Matt Tink is the current Rebel Rugby Manager with the RaboDirect Melbourne Rebels. In this role he is responsible for the junior elite talent in Victoria and developing them into fully contracted Rebels players. Matt is passionate about coach education and also fills this role for the Victorian Rugby Union. To ensure a smooth transition from the junior elite ranks through to the Melbourne Rebels, Matt is the head coach for the Rebel Rising team. This team is effectively the Melbourne Rebels 2nd XV and local players are prominent in this squad. Furthermore, Matt is also the current Melbourne Rebels scrum coach.

In a former life Matt, represented the Australian U19s and U21s and had a brief stint in Super Rugby with the NSW Waratahs. Matt moved to Melbourne after being the Community Rugby Manager and Scrum Coach for the Western Force.



# Andy Clark ARU High Performance Coach

Andy currently works across many ARU programs including:

- > ARU HPU Programs Coach/Manager 2003-present
- Australian Schoolboys Technical Adviser/Skills/Analysis 2009-present
- Australian 'A" Schoolboys Technical Adviser/Skills/Mentor Coach 2005-present
- Australian Youth 7s Manager/Forwards Coach 2012/13
- Australian 7s Skills Coach Men & Women 7s (Canberra based players) 2009-2013
- > Brumbies Super 12 Skills Coach 1999-2000
- Brumbies B Team Backline Coach 2001-2008
- Inaugural Brumbies Academy Coach 1997-1999
- > Premier 1st Grade Coach 3 years
- > Selector & TID State & ARU Programs
- Level 3 Coach
- Graduate Diploma of Sports Coaching & Diploma of Management (Business)
- Playing: Inside Back 1984 to 1990 ACT Representative Bench Warmer - U21 & Seniors



# Darren Clunn ARU High Performance Strength and Conditioning Coach

Darren Clunn is currently the High Performance Unit Elite Player Development Strength and Conditioning coach for A.C.T and Victoria. He works across a broad range of teams from the ACT National Gold Squad, Australian Schoolboys, Australian under 20's, Australian Men's and Women's 7's program along with also supporting Brumbies Rugby at different times of the season.

Darren holds a Bachelor of Applied Science in Sport and Exercise Science from the University of Western Sydney. He also holds a Master Degree of Education-Coach Education from the University of Sydney. Darren has presented at Level 1 and level 2 coaching courses both in NSW and the ACT.

Darren's Strength and Conditioning experience goes back to Sydney Premiership Rugby with Easts, North's and Gordon. He also worked in the Waratah Academy and volunteered time at the Waratahs for a number of years. He was also the Strength and Conditioning coach for the Australian Rugby Championships Premiers Central Coast Rays in 2007. His International experience includes the Pacific Islands Team (Fiji, Tonga, and Samoa) who played test matches at Twickenham against England, France and Italy.

Darren is currently coordinating a research project in conjunction with the University of Canberra at the upcoming National Schoolboy Rugby Championships entitled "The Assessment of State Level Adolescent Rugby Union Players in comparison to the Australian Rugby Unions Long Term Player Development Model as a framework for program individualisation". He also recently collaborated with the ARU High Performance Unit to develop a manuscript entitled Strength and Conditioning, "Long Term Player Development Curriculum".



# Nathan Grey Melbourne Rebels- Wallaby

Upon finishing the 2005 season with the NSW Waratahs, Former Wallaby Nathan moved to Japan, where he played and coached with Kyushu Electric Power Company's team, Kyuden, for five years. In 2011, Nathan joined the RaboDirect Rebels as Skills Coach for the clubs inaugural season. In October 2011, he was promoted to the role of Assistant Coach, under Damien Hill.

As a player, Nathan was known as an aggressive go forward centre with strong defensive skills, and played 35 Tests over seven years for the Wallabies throughout his international career. He was part of the successful 1999 Rugby World Cup campaign, as well as a member of the 2003 World Cup squad. With 94 caps, Nathan holds the record as the most capped centre in NSW Waratahs history, and was renowned for his team first ethos and professionalism throughout his playing career, traits that he has carried into his young coaching career.



# Matt Cockbain Melbourne Rebels – Wallaby

Coaching Career: Queensland Reds, Melbourne University, Melbourne Rebels (Current)

Playing Career: Super Caps: 91 (Reds); Tests: 63; Test points: 5 (1t)

Former Wallaby Matt Cockbain has been a welcome addition to Victoria, since his move from Brisbane to be a player for the original Rebels during the 2007 Australian Rugby Championships.

Matt enjoyed a successful professional career, which included 91 matches for the Queensland Reds and 63 Tests for the Wallabies. During his international career he participated in two World Cups, including the successful 1999 campaign under Rod Macqueen.

After retirement, Matt transitioned into coaching and was appointed as the Reds' lineout coach in 2007, before moving to Melbourne. Since then, Matt has taken up various coaching roles with Melbourne University Rugby Club and the Victorian State team.

In 2010, Matt formed part of the Rebel Rising coaching team and played a significant role in developing Rugby Union players within the Victorian community. It was through his work with grassroots Rugby and his technical expertise that Matt was appointed Assistant Coach of the RaboDirect Rebels for the 2012 season.

With the British and Irish Lions touring Melbourne in 2013, Matt will be looking to achieve similar feats from when he played in every match in the Wallabies' triumph in 2001.