POKOLBIN JUNIOR RUGBY CLUB
2011 HANDBOOK

Pokolbin Junior Rugby 2011

Welcome to Pokolbin rugby in 2011. The club was formed in 2008 to satisfy the needs of the local community to play rugby. We play in the Newcastle Hunter Junior Rugby Union (NHJRU) competition. This competition includes teams from Muswellbrook, Nelson Bay, Lake Macquaire, Warnervale and everything in between.

From the ages of under 12 onwards a representative team is picked from the best players from all teams. This team, called the "Wildfires" plays in the NSW country junior rugby championships and the winner goes on to play the state teams.

Our club is a sub-committee of the seniors men's Pokolbin Rugby Club. We are in debt to the generous startup money the club gave us for jerseys and balls in 2008. The club is currently looking at a permanent home. Whilst Hunter Valley Gardens is one of the most attractive venues in the area it is a commercial operation and thus can be used for activities at any time with us not being able to use it. We thank the Roche group for the use of it and will continue to use it until we have our own site.

ARU Code of Conduct

(abridged version, full version at www.aru.com.au)

CODE OF CONDUCT - PLAYER

- Be a good sport. Respect all good play whether from your team or the opposition. Form a tunnel after the game and shake hands with and thank the opposition players and referees after the game — win, lose or draw.
- Participate for your own enjoyment and benefit.
- Except when acting as a Captain of a team, never question a referee's decision.
- Never become involved in acts of foul play.
- Honour both the spirit and letter of the competition rules and live up to the highest ideals of ethics and sportsmanship; and respect the traditions of the game.
- Never engage in disrespectful conduct of any sort including profanity, sledging, obscene gestures, offensive remarks, trash-talking, taunting or other actions that are demeaning to other players, officials or supporters.
- Care for and respect the facilities and equipment made available to you during training and competition.
- Safeguard your health; don't use any illegal or unhealthy substances.
- Recognize that officials, coaches and referees are volunteers who give up their time to provide their services. Treat them with the utmost respect.

CODE OF CONDUCT
SPECTATOR/PARENT

- Condemn all violent or illegal acts, whether they are by players, coaches, officials, parents or spectators.
- Respect the referee's decisions — don't complain or argue about calls or decisions during or after a game.
- Behave! Unsportsmanlike language, harassment or aggressive behaviour will not be tolerated.
- Encourage players to play by the laws and to respect opposition players and officials.
- Never ridicule or scorn a player for making a mistake — respect their efforts.
- Understand that sport is part of a total life experience, and the benefits of involvement go far beyond the final score of a game.
- Participate in positive cheering that encourages the players in the team you are supporting; do not engage in any cheering that taunts or intimidates opponents, their fans or officials.
- Remember that children participate in Rugby Union for their own enjoyment, not yours!
- At all times, follow the directions of the Ground Marshall and/or other match day staff.
- Never arrive at a game under the influence of alcohol.

Key dates 2011

16th February	Registration Cessnock McDonalds 4pm-6pm
19th February	Registration Cessnock McDonalds 9am-12pm
23rd February	Training Starts 4pm HVG then every Wednesday
19th March	Round 1
26th March	Round 2
2nd April	Round 3
9th April	Round 4
16th April	No Games – School Holidays
23rd April	No Games – Easter Weekend
30th April	Round 5
7th May	Round 6
14th May	Round 7
21st May	Round 8
28th May	Round 9
4th June	Round 10
11th June	No Games – Queens Birthday Long Weekend
18th June	Round 11
25th June	Round 12
2nd July	Round 13
9th July	No Games – School Holidays
16th July	No Games – School Holidays
23rd July	Round 14
30th July	Round 15
6th August	Washout Round
13th August	Round 16
20th August	Round 17
27th August	Minor Semi Finals
28th August	Prize Giving and end of year function venue to be advised
28th August	Major Semi Finals
3rd September	Finals

Pokolbin Rugby Merchandise

Polo Shirt $ 25.00

Gear Bag $ 25.00

Cap $ 10.00

Pokolbin Rugby Club Officers

President: Tim Murray 0415459033 or tim.cpp@nunet.com.au

Registrar and communications (texts, emails): Jerome Scarborough 0411041943 or jerome@scarboroughwine.com.au

BBQ and Ground: Sean O'Brien 0408697190

Merchandise: Liz Riley 0411203773

Club Communication

Most communication from the club will be either by text or email. Please ensure that the club has an up to date Mobile Number and email address at all times.

Club merchandise will be offered at training at the beginning of the season, Liz Riley has very generously offered to look after this, if you see a table and a banner setup on the field please ensure that wonder down to Liz AT THE BEGINNING of training as she may also have information to pass on as well.

Further communication will at times occur through our website: www.pokolbinrugby.com.au, click on the Junior Tab. Plus on Facebook, search for Pokolbin Rugby Club.

Both the Website and Facebook page is shared with the Senior Club.

Sponsors

We are very lucky to have many sponsors. Without these businesses we would have to charge a considerably larger registration fee. It costs about $120 per child to play rugby, this includes insurance, jersey, NHJRU fees, referee fees etc. We thank our sponsors personally but a better way is to shop or spend money at their business and tell them you are doing so because of their sponsorship.

A list of sponsors is below:

MAJOR SPONSOR

POKOLBIN GENERAL STORE

Minor Sponsors

CESSNOCK

SCARBOROUGH FAMILY

Cessnock Plaza
Pharmacist Advice

ANYTIME FITNESS

Wollombi Valley Carpentry
02 4998 8419 / 0438 695 576
All carpentry work - Owner builders welcome
AD & DJ Boxall – Lic. No. 195761C

BBQ

One of the main ways we raise funds other than through sponsorship is through the BBQ. We roster each team on a number of times per year and with the all the parents involved it should only mean each parent does one or two shifts per year.

Sean O'Brien organises the food and drinks through the kitchen at Harrigans. The club has a BBQ trailer with eskys and all the necessary equipment to hopefully make it easy and simple to do.
Please support us in this fund raising area and do your turn.

Cancellations

Cancellations will be done via text message and can occur as late as Saturday morning. Over half the grounds are in private hands (like ours) and are therefore not subject to council rules. We therefore must be careful to assume matches will be off. The other area of note is that often it is fine here but raining heavily in Newcastle, if all the Newcastle grounds are shut often the whole round is abandoned. Relax and wait for the text!

2010 Club Home Grounds

Easts
Dangar Park
Cr Carrington St & Maitland Road, Mayfield
Fields: 1

Hamilton
Hawkins Oval
Albert St, Wickham
Fields: 1

Lake Macquarie
Walters Park
Creek Reserve Rd, Speers Point
Fields: 2

Maitland
Marcellin Park
Glenharvon Rd, Lorn
Fields: 3

Medowie
Boyd Oval
Ferodale Rd, Medowie
Fields: 1

Merewether-Carlton
Gibbs Brothers Oval
Rowan Crescent, Merewether
Fields: 1

Muswellbrook
Highbrook Park
Iron Bark Road, Muswellbrook
Fields: 2

Nelson Bay
Fingal Oval
Rocky Point Road, Fingal Bay
Fields: 2 (one full, one mini)

Pokolbin
Hunter Valley Gardens Oval
Cnr Broke Road & MacDonalds Road
Fields: 1

Singleton
Alan Bull Park
Bridgeman Rd, Singleton
Fields: 2

Southern Beaches
Allan Davis Field
Redwood Ct, Gateshead
Fields: 1

Wanderers
No 2 Sports Ground
Parry St, Newcastle West
Fields: 1
(No. 5 Sports Ground – back up)

The Waratahs
Waratah Oval
Harris St, Waratah
Fields: 2

PATHWAY LAWS U6 TO U12

	U6	U7	U8	U9	U10	U11	U12
Player Numbers	7		7	10	12		15
Playing Area	1/4 field		1/2 field		Full field less 10m width		Full field
Playing Time	1 x 15mins	2 x 15mins	2 x 15mins	2 x 20mins	2 x 20mins		2 x 25mins
Ball size	Size 2		Size 3		Size 4		Size 4
Conversions	No		Optional In front, 10m back		Yes Not past 15m-line		Yes Not past 15m-line
Kick-off	Punt Exclusion zone		Punt or drop Exclusion zone		Drop		Drop
Restart after score	Tap on half way		Tap on half way		Kick-off		Kick-off
Kicking	No		No		Yes		Yes
Tackle	2 handed tag on shorts No offside lines		Yes		Yes		Yes
Lineout	2 players No contest		2 players No contest	4 players No contest	5 players Contested No lifting		7 players Contested No lifting
Lineout receiver	Must pass		Must pass		All options		All options
Scrum	3 players No contest		3 players No contest	5 players No contest	6 players Contested 1m push		8 players Contested 1.5m push
Scrum half	Must pass		Must pass		All options #8 moves illegal		All options
When Lineout and Scrum over?	Ball passed		Ball passed		Ball out		Ball out
PK + FK	Tap only Opp 5m back		Tap or scrum Opp 5m back		All options Opp 10m back		All options Opp 10m back

COMMON PATHWAY LAWS U6 TO U12

Player Numbers	Equal number of players on each team Teams MUST share players to reach maximum number of equal players Unlimited rolling substitutions
Scoring	No Drop Goals No Penalty Goals
Lineout	No Quick Throw-ins Must have a lineout receiver
Scrum	Defending scrum-half can't go past midline and cannot leave scrum
Tackle	Slinging tackles illegal Fending to the head illegal
Foul Play	Yellow card = 5 minutes YC and RC player may be replaced
Advantage	Should be played as much as possible to ensure continuity

Senior Matches

We also encourage all junior members with parents to attend the senior matches when at home at Hunter Valley Gardens. It is always entertaining Rugby and is also a great way to meet other Rugby enthusiasts, while putting money back into the club

Super 15 and March Past

We will also organize trips to Sydney for watching the Waratahs play in the super 15 contest. The March past date is yet to be announce, but this gives the junior players in their uniforms and as teams to march around the oval prior to the game and to feel the atmosphere at playing at the Super 15 level.